

SECTION B

Answer ALL questions. Each question is worth 12 marks.

History and Development of Physical Education and Sport

13. (a) The Renaissance period between 1300 and 1600 AD was a time of change. Describe the impact of the age of Renaissance on physical education. Your answer must include TWO points. **(4 marks)**
- (b) Many factors contribute to excellence in sport. Discuss THREE factors that can facilitate or help persons to achieve excellence in sport. **(6 marks)**
- (c) Suggest TWO ways in which society can benefit from young persons being physically active. **(2 marks)**

Total 12 marks

13a) In this period, physical education was perceived as being for both body and mind. It was a concept originally introduced by the Greeks and Romans but was re-introduced in countries such as France and Italy. ① People started to play ball games with rackets and bats and barely any ancient sports were used. Here, a more modified, modern perspective of ancient games were utilised. ② Physical education was stressed and it was termed being for both body and mind. Physical education became more prominent or important to individuals in society. It was the time where the philosophical ideals of naturalism and realism were born.

b) ① Support from peers, family members and external community. If an athlete receives the emotional and financial support from peers, that person athlete will strive for excellence in sport in hope in not letting down their supporters. The athlete will feel more motivated to strive for excellence and not disappoint.

② Practice makes permanent: If the Government provides proper sporting facilities, an athlete can use the facilities to practise the sport and hence better themselves in the sport. Practise leads to development of technique and furthermore skill. Skill is the part of an athlete that make the athlete excellent or outstanding in his or her sport.

③ Another factor is Government funding via funding

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and scholarships. Scholarships in sport gives an aspiring athlete the opportunity to pursue sport and work hard ^{toward it} to ~~str~~ ^{becoming} excellent in sport brings along with it social recognition. Basically, with the facilitation of adequate gear and facilities, aspiring athletes would be motivated to strive for excellence in ~~the~~ field of sport.

Physical Education and Sport

Paper 01 – May 2011

Comments

Question 13 (a):

The candidate captured the impact of the Renaissance on Physical Education and Sport, described the emphasis on the harmony between body and mind and described the shift to new sports.

Question 13 (b):

The candidate included social support, facilities and funding while describing how these factors contribute to the achievement of excellence in sport. Mention of physiological and more direct contributors would have earned full marks.

Question 13 (c):

The candidate's reference to these models of physically active lifestyles providing generational and systemic benefits earned full marks.